



Poetry of The Crystal Bridge

Complete Collection of The Crystal Bridge Song Lyrics

By Brent Jensen

The Crystal Bridge is a place where experiences - emotions and feelings - travel within and between us, being shared through music to heal and inspire us on our journeys. The music honors and reflects on our relationships with our self, our intimate partner, nature, spirit, and the great mystery of life.

These relationships are the paths we travel as we grow and make this world a better and more compassionate place for all beings.

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The Crystal Bridge is dedicated to providing original music recordings to inspire listeners to experience more:

- Beauty
- Love
- Peace
- Joy
- Inner reflection
- Connection with self, others, and nature

Please visit <http://thecrystalbridge.com> to access the music of *The Crystal Bridge*.

Heron and Seal



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Secret Garden

The Garden is my secret place
Where I can go to ease my mind
To become the singing bird
Or all the colors I can find

Fragrant flower fill my soul
With a scent so sweet and fine
Gracious tree give me your hand
Into your strong arms help me climb

This paradise is now unveiled
I ask for all my friends to come
Cause you need a place to play
A place where you belong
To share your song

Oh, Butterfly you make me smile
As you flutter by and by
Riding on a breath of air
On this soft grass we can fly

This paradise is now unveiled
I ask for all my friends to come
Cause you need a place to play
A place where you belong
To share your song

The garden is my secret place
Where I can go to be set free
To find the guidance of my truth
Won't you share this place with me

The paradise is now unveiled
I ask for all my friends to come
Cause we need this place to play
This place where we belong
Come share your song

The garden is my secret place

Heron and Seal

Great blue heron flies down to the shore where the waves gently reach
Baby seal pulls himself from the surf onto the sandy beach
The tree holding heron's nest fell to the ground and he cannot find another one
Seal somehow lost all his family, his friends, he does not know where they've gone

On the shoreline the two meet in awe of the bright rising sun
Both can feel that the other seems lost so they ask what is wrong
Seal knows a valley deep down in the sea where the tree roots do grow
Heron can fly far and wide on the wing searching for seals below

Through the crystal clear water he swims
In the blue sky he flies
Each can help out a new friend in need
Oh, how they want to try
To restore what's been lost to be found
So they journey and search through the day
Cause they want to

It's a long way to swim out to sea to the green valley below
If I can just bring a root back to the shore a new tree can grow

The ocean can stretch out so wide and so far, where can the seals all be
If I can find out where the seals have all gone, I'll reunite their family

Through the crystal clear water he swims
In the blue sky he flies
Each can help out a new friend in need
Oh, how they want to try
To restore what's been lost to be found
So they journey and search through the day

Seal tries but can't find the valley
But what are those shapes that I see?
Playing in the crystal clear water
Hey, it's my seal family
Heron tries but can't find the seals
But what is that tree on the shore?
A place for my nest, I'll build it once more

As the sun sets to end a long day the two rejoice in what they found
But in sadness they failed a new friend, they can't let each other down
As heron looks out from his tree to the sea a group of seals, his friend is there
As seal looks back toward the shore a tall tree and his friend is nesting there

Through the crystal clear water he swims
In the blue sky he flies
Each can help out a new friend in need
Oh, how they want to try
To restore what's been lost to be found
So they journey and search through the day
Cause they want to

The two friends meet again on that shore with the bright rising sun

Really See You

Here I am again looking at you
In person or an image, I thought we were through
What am I feeling inside, I really don't know
What should I say to you, what should I show
Am I here to defend myself or to try, to try and love you
Here to find my way or to get lost in you

Here we are again, the pattern's the same
Is it all your fault, or am I the one to blame
Our childhood fears do battle, who is right and who is wrong?

Then open to each other at that point
when the pain gets too strong
Should I thank you for the chance to find my soul
Should I love you for helping me to grow

Here I am again, looking for you
Will I find myself, when I can really see you
Really see you

Can't Say the Words

Where is the love I used to sing about, that I would follow
Where is the love to guide my way
Where is the reason I had to sing a song, to write a song
Now I sing just to sing

As you sit facing, gazing into my eyes
You softly say "I love you"
In silence I await my reply
But I can't say the words

Where is a heart to go when it has so many paths to follow
Why would I want to be alone
How does a spirit try to stay alive, to look inside
To hear a voice to guide it home

And you sit facing , gazing into my eyes
You softly say "I love you"
In silence I await my reply
I just can't say the words

Where is my heart
Where is the love
Where is the path to follow
Where is the song I used to sing

Somewhere I know I have a love for you, you are such a lover
But I hide in my own dreams
Too many voices call and I do not know how to trust another
Until I find my own true being

You still sit facing, gazing into my eyes
You still say "I love you"
In silence we both await my reply
I still can't say those words
I love you

I just can't say those words
I just can't seem to say
I love you

Touch Me

I love the way you touch me
I love the way you touch me
I love the way you touch me
Touch me

Streetlights

There's a man with a broken heart
Who wanders the streets late at night
Looking for a safe place to be
Under the glow of the streetlights

He's walked these streets many nights before
Wondering if he'll ever meet a friend
But under the glow of all those street lights
The stars can't shine on him
Can't shine on him, to heal his heart
Shine on him, to lead him home, lead him home

There is a dreamer in that heart late at night
Flying above, above the street lights
Into the stars, somewhere shining so bright
Where there is a friend right by his side
By his side, who won't ever go
By his side, who deeply knows, his dreams

There is lover in that heart late at night
Embracing all people that he meets
Sharing a vision, some laughter and inspiring sights
Growing together to create a new day
A new day, with the sun so bright
A new day, so full of light and love
And love

There is a wanderer in that heart late at night
Afraid of the morning, Afraid of the day
He cannot see a star, he does not have a friend by his side
Because that heart is afraid

There's a man with a broken heart
Who wanders the streets late at night
Looking for a safe place to be
Under the glow of the streetlights
Streetlights

You and Me

You told me there's a song inside you that needs singing
There's a story of life that needs to be told
How can we share who we are
Inspire the people more
Express ourselves fully, dare to be bold

We are looking for a way to live
In this world and give our gifts
We are riding on a fantasy
No two dreamers are quite like you and me

We like sharing a vision of how we can fly
We like pushing each other out of the nest into the sky, falling
Somehow on the same path preserver
Though the next steps are never clear
We try and go it alone, but still hold each other near

We are looking for a way to live
In this world and give our gifts
We are riding on a fantasy
No two dreamers are quite like you and me

Is it fear or mistrust or confusion that gets in our way
We are looking for love, but it won't ever come if we stay
Inside

You said that you think of me almost every day
Well then what is the reason that we keep so far away, I'm calling
Is the vision so grand or so wrong
Though we try we just can't hold on
What will happen to your story and to my song

We are looking for a way to live
In this world and give our gifts
We are riding on a fantasy
No two dreamers are quite like you and me
Like you and me

Things Can Always Change

There are choices in your life
So many directions you can take
You cannot know how things will go
If a choice is right or a mistake

You have struggled for so long
Trying to know just what is right
When you think you've found a place to land
Your wings want to take flight

You don't need to struggle anymore
Your truth is not so far away
You don't need to fight it anymore
Be where you are, love where you are

There are different places you can go
There are different people you can be
But sometimes you need a place that is your home
In order to be free

You don't need to struggle anymore
Your truth is not so far away
You don't need to fight it anymore
Be where you are, love where you are

You have had this dream for many years
Now it's time to break through your fears
You can make this vision come true
It can really happen

There is a choice you have to make
There is a risk you've got to take
You try your best and if things just don't work out
They can always change
They can always change
Things can always change

If I Asked You

If I asked you would you come to me
Try and help me along my way
If I asked you would you share yourself
Or would you turn your back and go away

I thought I loved you I thought I loved myself
But now I know if I can't be my own best friend
How can I love somebody else, somebody else?

If I asked you

If you asked me would I come to you
Try and help you along your way
If you asked me would I share myself
Or would I turn my back and go away

If I asked you

Teach Us Dancing

On the dance floor under the stars
A glimpse of who you are twirls into the night
And you remember long ago
A little girl walks in the snow on her way to ballet school

She slips on some ice and falls to the ground
The other kids laugh, she calls for their help
Her leg has been hurt, but they all run away
She's cold and she's wet, and it's slippery still
She tries to get up, it takes all of her will
She's determined to make it to school and not be late
She dreams of dancing
You won't fall down now that you're dancing

Well in the passing years
Another set of tears when your best friend died one day
Lynne was sixteen and full of fun
You shared so much, you felt as one
Then a drunk driver got in the way

How do you live when your heart is ripped out
A part of you dies, the other numbs out
There's nowhere to run, so the dance floor is where you hide
Ballet is the place where the pain finally comes
Oh, pirouette now, your grieving's begun
She wants you to smile, she want you to live her life
And dream of dancing
Your friend is with you when you're dancing

On the dance floor you are free
With your dance partner, you waltz in harmony

As you fly, two tango in time
It's your dream as you rumba
It's your love when you samba
Just dance

Well college did not work out
Can still hear your parents shout "how will you ever get a decent job"
So you married young instead to a nice guy, his name was Ted
You almost had a baby boy

Well one day you woke up and thought you were in love
But your husband was gone, he took all of his stuff
Divorce papers signed, on your own again
Got some kind of job to pay for the rent
But a dream could not die, nor your spirit consent
So you followed your heart to the dance floor once again
To teach us dancing
You're teaching dancing
You won't fall down now that you're dancing
Your friend is with you when you're dancing
Under the stars we are dancing
Keep on dancing

Great Mystery



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Great Mystery

Look to the sky, what do I see?
Red tail hawk flying circles around me
Message from high reflects on the earth
The answer I seek, well it was lost at my birth

I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all, no
I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all

Listen oh river, onward you flow
The Om of your voice shows us how our life goes
From the noise of time, I wait for my truth
The answer I seek floating somewhere aloof

I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all, no
I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all

I can see you in the morning
Rising colors on the sky
See the answer there, if you can read between the lines
Of the clouds changing designs
I am waiting for the proper sign
Always listening to the universal mind
Won't you tell me of the path my life will go
I am rising to your call

I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all, no
I don't, I don't, I don't, I don't, I don't, I don't, I don't
I don't want to make sense of it all

Life's great mystery

Talk to You of Dreams

I sit in shade of thoughtful tree
Inspired visions floating free
I see you swimming in my sea of dreams
Life is beauty, songs, and dance
Growing gardens and romance
Nature walks and ocean chants, listening

I want to talk to you of dreams
Create a world where they can be
Just like the visions that we feel deep inside
But when the candle light shines
I somehow lose my mind to your beautiful eyes
Words are lost by your side
Can I touch, touch you
I want to love you

We travelled in a dark, dark night
Holding hands through forest frights
Letting go when it's not right, yet need to share
Climbed in trees and followed tracks
Counted stars and naked backs
Soaked in waters, made them laugh, where red tails fly

I want to talk to you of dreams
Create a world where they can be
A cartoon mermaid I have seen is real
Oh give me one more chance to hear
The songbird rising out of fear
Softened by a gentle tear of love
Your sweet, sweet song
Melody so true, I love you

We are a wandering minstrel pair
Pulling love songs from the air
Dancing spirals everywhere we go
Share the joy this moment brings
Helping others dance and sing
We work as magic sun in spring, open hearts will grow

I want to talk to you of dreams
Create a world where they can be
Just like the visions that we feel deep inside
But when the candle light shines
I somehow lose my mind to your beautiful eyes
Words are lost by your side
Can I touch, touch you
I want to love you

Hollow Flute

Like a hollow flute filled with symbols
I can see you in my mind's eye now

Symbols, symbols spinning `round
Floating, floating, floating off the ground
Lifting me ever higher
Meaning deep in all I see, creating new realities
Are you truth or just a liar?

And I know there's no other way down
(I call to you)
So I fall into the sound
(To open your heart)
Hollow tone bring my soul to the ground
(To a place where your mind cannot go)
So the path to my truth will appear
(That's how you'll know)

All the clouds of my symbols will clear
(That's how you'll know)

Hollow flute, open blue sky
A passage way to that place

Symbols, symbols spinning `round
Floating, floating, floating off the ground
Lifting me ever higher
Meaning deep in all I see, creating new realities
Are you truth or just a liar?

Diamond - male female in balance, at war
Heartbeat - love or fear guides me
Orange balloon - creativity takes flight, out of reach
Crescent moon - cycles around, coming or going in the night
Starlight - shining dream or distant mystery
Wooden cross - spirit free or crucifixion
Sun - warm, smiling life, high, high, high or burning death down below
Clouds of symbols, I'm lost
Clouds of symbols, I'm lost
Clouds of symbols
And there's white dove, flutter, flutters down
Bringing peace to me or vulnerability
Brings peace to me or vulnerability
That's what I seek, Peace

And I know there's no other way down
(I call to you)
So I fall into the sound
(To open your heart)
Hollow tone bring my soul to the ground
(To a place where your mind cannot go)
So the path to my truth will appear
(That's how you'll know)
All the clouds of my symbols will clear
(That's how you'll know)

A hollow flute filled with symbols
I can see you in my mind's eye now

Clouds of symbols, I'm lost
Clouds of symbols, I'm lost

Clouds of symbols, I'm lost
Clouds of symbols, I'm found

Dreams

Look out my window and what do I see
Pain and confusion and a lot of misery
Seems we have fallen, things are not as they should be
I feel so sorry for all of nature's things

So I dream, of how things should be
I dream of a new reality, you've got to dream

Those funny, funny little dreams
They are the answer as to how to proceed
They make things happen, give us hope to press on
They help us see a new way to belong

How do things happen? How do things change?
Where does it come from when our ways need to be re-arranged?
It's those dreams, those funny, funny, little dreams

How should things be?
A new reality in my dreams

Look out my window, and what do I see
I'm out there working on a new destiny
Where love and compassion are real
Where all living things grow and heal

It's my dream, I make my dreams real
My dreams, Oh my dreams they are real
So dream big
Those funny, funny little dreams
They are big
The world needs your dreams
So dream big
We all need your dreams
So dream big
Those funny, funny little dreams
They are big

Clear Cut

Where were my eyes when I wanted to see your leaves)
(Watch me grow, towards the sky)
Green shimmer of sunlight strong twisted branch forever reaching

Where were my fingers when I wanted to touch your skin?
(Feel the soil, nurturing)
Rough patterns of bark softened with moss and life within

Where were my ears when I wanted to hear you sing?
(Listen well, to nature's song)
Bird whistle brightly, wind blowing gently, whispering

Where was my tongue when I wanted to taste your spring?
(Bubbling forth, patterns of life)
River flow through me, leaving me fresh, leaving me clean

Where was my nose when I wanted to smell your air?
(Giving full breath, to all that pass here)
Scented with sweet pine, scented with raindrops scented with care

And where was my heart when I wanted to
feel you, feel you, feel you

Lady Blue

Lady Blue I love you for a reason I don't know
Raging river surrounds me, I stand like a rock in your watery flow
Lady Blue I love you, I see a goddess in a sheer green shawl
Softly lit by candle, with the most beautiful eyes of all

And there is a wild woman in there
With fiery eyes that can't be tamed
Running in the moonlight, always taking flight
Well I love you just the same

Lady Blue I love you for a reason I don't know
Somewhere deep inside you
there is a seed of love that wants to grow, let it grow

You surround yourself with flowers
Gifts from gardens all around
In your heart there is a garden
With a seed and sun and fertile ground
Is there room for this flower in your life
Is there room for this flower in your life
I have seen this flower in your life, let it grow

Lady Blue I love you

Now

I was thinking about time the other day, and I thought about how it goes around and around like the cycles of nature. Only for me time goes so fast. I asked my neighbor about it, and she too said that time goes fast. "I am so busy. I have schedules and deadlines and so many things to get done. So I go faster, and time goes faster and faster. I feel like the rushing, raging river, shooting by, not noticing the flowers growing on the river bank. I wish there were more hours in the day."

But maybe instead of more hours, what we need are longer slower hours. It seems to me that we should slow time down, not speed it up. Then there would be more space to be. Slow down like the calm reflective pool.

Nature time is slow. Human time is fast Nature time. Human time So you see, humans and nature don't always connect because humans go much too fast. If we could slow down, calm our spirits, and explore all of our sensations, then humans and nature can come together.

There was a river
It rushed with others to the sea
Had no time to hear the morning or see the sunrise try to find him
Feel its warmth flow deep inside him

And time's a sailor
It travels quickly out to sea
Oh, river try to catch it, but not with trade winds always blowing
Left him rushing, left him flowing

And why, do we need sun? Why all around us?
And why, do we need love? Look, has it found us?
Just keep on searching in the lives of those around us
In the mountains that surround us

Oh river listen
Sit calm and peaceful on your way
In your reflection see the sparkle of a flower as it's growing
of an eagle softly soaring

And I, I need sun. Shine all around me
And I, I need love. Look, has it found me
Just keep on searching, there's a world of life around us
Scenes and dreams that can astound us
Now

Just hear the morning. See the sunrise as it finds you
Feel its warmth flow deep inside you
Now
Right now

Another Easy Day

Working every day, getting up before dawn
Dragging out of bed after the alarm goes on
It's another shower for me, grab my things then I go
Sitting in the traffic for over an hour or so

Well it's another easy day in this land of love
It's just another easy day in this land of love

Working at my desk deep inside the cubicle walls
Time to take a break and stretch my legs out in the hall
Then behind the computer for me
Until my eyes become strained
Muscles getting sore with sedentary aches and pains

Well it's another easy day in this land of love
It's just another easy day in this land of love

I dream that someday I'll be free
Out beyond these walls, I'll find my true identity
Sharing precious gifts, rich in love and rich surrounds
Helping to preserve all the beauty that's around
Beauty found!
It's just another easy day

Alarm clock wakes me up, another work day begins
In the traffic as I drive I'll remember my purpose deep within

It's another easy day, flying higher and higher, in this land of love
Listen to me now
It's just another easy day, flying higher and higher, in this land of love

It's just another easy day, yeah

Dream with Me

You were thinking of love in the morning
I looked into your eyes through a night's dream
Saw an angel in light walking towards me
She took hold, led me on to where I might sing
Took me away, took me away
Took me away, took me away

So I looked back through the clouds to your loving eyes
Wanted you by my side, afraid to walk the skies
To a land ruled by Gods, mighty majesties

Where my soul could be crushed, but I had to see
Don't go away, don't go away
Don't go away, don't go away

Flying high, the angel leads
On and on to magic things
To an inner rising sun
Above the earth where we come from

A lonely tear in your eye brings me to the ground
I wipe it dry with my heart, and I need you around
For time can be a lonely place when you're without a friend
But I will wait for the night, when I might dream again
Dream with me, oh, dream with me

Flying high, the angel leads
On and on to magic things
To an inner rising sun
Above the earth where we come from
Above the earth where we come from

Keep You Near

Thanks for touching me with your heart and with your soul
I want to hold you here, but it's time to let you go
Thanks for sharing love, and I'm sorry for the fear
Our God has called for you, but my heart will keep you near

We used to live in memories of a time when we were young
And raised a family of lovely daughters and handsome sons
Life held riches, life held struggles
Life held laughter, life held tears
And I'm so grateful that we shared all of those years

Thanks for touching me with your heart and with your soul
I want to hold you here, but it's time to let you go
Thanks for sharing love, and I'm sorry for the fear
Our God has called for you, but my heart will keep you near

And as our time went by we grew in comfort and in joy
The family always strong with a bond that can't be destroyed
Though age may weaken and bring pain
that is too hard for us to bear
The lesson we have learned is that the greatest gift is care

Thanks for touching me with your heart and with your soul
I want to hold you here, but it's time to let you go
Thanks for sharing love, and I'm sorry for the fear
Our God has called for you, but my heart will keep you near

Thanks for sharing love, and I'm sorry for the fear
Our God has called for you, but our love will keep you near
Our God has taken you, but our hearts will keep you near

Om Mani Padme Hum

Om Mani Padme Hum, Om Mani Padme Hum
Om Mani Padme Hum, Om Mani Padme Hum

Snow Leopard lead me to the jewel in the lotus flower
Snow Leopard lead me to the jewel in the lotus flower

To happiness and security In the walls of Mani
To happiness and security In the walls of Mani

Om Mani Padme Hum, Om Mani Padme Hum
Om Mani Padme Hum, Om Mani Padme Hum

I am the jewel in the lotus flower
I am the jewel in the lotus flower

Om Mani Padme Hum

The jewel is indeed within me
Thank you Snow Leopard

Love Pour Through



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Love Pour Through

As I live each day I often wonder why
I'm so afraid to feel all that good love inside
I close the door, shut the blinds so I can be alone
Afraid to share myself, afraid I'll lose my soul

Ego let go!
(Don't feel so good - don't like it that way)

As I live each day I think I'm gonna try
To open up my heart and feel the love inside
Be myself, love myself, and let you be you
Releasing all my fears to let the love pour through

I want to feel the love pour through, oh yes I do
I want to share the joy with you, day after day

Ego let go!
(Mmm, feels good now - I like it this way)

Feel the love, share the love, let the love pour through
Feel the love, share the love, let the love pour through
(Ah, feels good. I like this stuff - can't get enough)

Don't Let Go

A drifting island, a falling star, a restless leaf
they all search far, search far
A journey taken, a soul that cries
a tear of sadness in my eyes
Your need for someone never dies

I reach forever, my path is blind
my feelings take me all the time
And it is you I try to find

To love someone, is to be with someone
is to care in every way
To share with someone, to believe in someone
to want someone to stay

The sea keeps raging, the stars pass by
leaves drift, their journeys never die
They have no-one, that is why
My mind is tired, the way unknown
your eyes will guide me as I roam
Reach out and touch me, take me home
Won't you hold me, and don't let go

Friends

I've forgotten who you are
I've forgotten who I am
We each have come so far
And to ourselves we can't pretend

Where's the strength I used to have?
Where's the dream to guide my life?
I can't find it anymore, I have wandered I have tried

Bring back the magic that we used to know
Help me find out which way to grow
Let me share in the sunshine you show, you show me

I remember time we shared
We had the sun to guide our way
Found the beauty life could bring
Found the beauty of each day

And there is time, and we will find
Our peace of mind, there is time

What does it mean to be in love?
What does it mean to have a friend?
Can we find out who you are?
Can we find out who I am?

Bring back the magic that we used to know
Help me find out which way to grow
Let me share in the sunshine you show
There's a world to be uncovered in time
Your dream of life, somehow it helps me find mine
We each say words and together they rhyme
Look ahead to the excitement we'll find
We'll find, we'll find

There's a Place

Day turns to day, is it always the same
does it pull you too tight?
Is it right? Is it right?
Does time hold you down, your job is keeping you around
do you need someplace to go?
Do you know? Do you know?

There's a place where the stars still light up the sky
There's a place where the eagle still dares to fly
There's a place where the ocean waves sparkle in blue
There's a place where the river runs wild and free
There's a place and it's bringing tranquility
There's a place you can go, there's so much you can do
And it's waiting for you

Do you ever regret that it's not hard to forget
a special way you can feel?
Is it real? Is it real?
Can you break the routine, get away someplace clean
feeling free feeling new?
Is it you? Is it you?

There's a place where the stars still light up the sky
There's a place where the eagle still dares to fly
There's a place where the ocean waves sparkle in blue
There's a place where the river runs wild and free
There's a place and it's bringing tranquility
There's a place you can go, there's so much you can do
And it's waiting for you
Waiting for you

Love in Your Eyes

Night settles in, setting sun on the hill
Snow leopard jumps from a shadow so still
Poetry falls as I look toward your face
Smile spreading magic, embracing this place
With a glow of love in your eyes for the world
That shining love in your eyes

Is it some kind of bright golden ray of the sun
Reflects off the waves of a crystal ocean
Or some singing dolphin or whale jumping high
Captures the sea, captures the sky
Or is it love in your eyes for the world
That laughing love in your eyes

Why would it be in the back of a dream
Colorful bird whistles colorful scene
Tall meadow grass reaching up to the sun
Nourish my heart, fill everyone
With the love in your eyes for the world
Everyone, with that love in your eyes

Is it some kind of dew drop held soft by a rose
The essence of morning in a delicate pose
Tingle of joy, celebration of life
One precious drop radiates brightly
Or is it love in your eyes for the world
That dancing love in your eyes

New constellation fills the night sky
Mysteries of old glittering high
Snow leopard jumps from a star to his place
Shadow so still, smile on your face
It's just the love in your eyes for the world

That shining love in your eyes
When you smile, so smile

You've got love in your eyes
(You've got to smile, shining eyes, smile, shining bright, dancing eyes, smile)
When you smile, so smile

Bring the Candle Back

Bring the candle back, it's been so dark for years
You helped to light the flame that was drowned in all my tears

The candle hidden for so long
I hold you up, lead me on

Now in the dancing flame the painted years go by
The memories burning white, fade yellow, slowly die
All into reaching smoke, I follow toward the sun
I look too far ahead, it's there, but yet it's gone

Oh smoke of time where do you go
Fade away so no-one knows

The candle hidden for so long
I hold you up, lead me on
Lead me on

Come to Me

A sister of mine lives far away, distant in time, you see
The earth is her home, yet to be seen
Rests in my hands and dreams

Come to me, come to me, come to me, come to me
Come to me now, my future soul
Come to me, come to me, come to me, come to me
Come to me now, I need to know

She flies in the sky, she swims in the sea
She walks on this land of mine
She breaths in the air I make, she lives on the earth I waste
She drinks from my poisoned lakes

Come to me, come to me, come to me, come to me
Come to me now, sister my soul
Come to me, come to me, come to me, come to me
Come to me now, I'm going home

I will meet you in my dreams tonight
Sharing our love, I will do you right
I can feel you in my womb
Forever bonded together, we

Come to me, come to me, come to me, my soul
Come to me, come to me, come to me, sister soul
Come to me, come to me, come to me, brother soul
Come to me, come to me, come to me, future soul

Sister you shine in my dreams tonight
Brother you glow with tomorrow's light
Show me how
Your world is my world in time, I see
Tell me now
Choices I make form your life destiny

Come to me, come to me, come to me, come to me
Come to me now, my future soul
Come to me, come to me, come to me, come to me
Come to me now, I need to know
Come to me, come to me, come to me, come to me
Come to me now, sister my soul
Come to me, come to me, come to me, come to me
Come to me now, I'm going home

Bear's Eyes

It's another sunrise of another day
I have my rock to climb on, with my ball I play
The fish come flying at me, my expected meal
I have my pool to float in, is the water real?

Remember all the trees and rocks that I have known
Remember all the mountain tops that I have climbed
Remember all the streams and rivers I have swum
Berries eaten from the vine

It's another sunset of another day
Across the fence they watch me, they come and go away
I have a place to be in but no place to go
Faces looking at me, a never ending flow

Remember all the trees and rocks that I have known
Playing in the dewy morning dawn

Remember all the mountain tops that I have climbed
Reaching to the shining sun
Remember all the streams and rivers I have swum
Splashing in the crystal water rushing by
Remember all the berries eaten from the vine
Nourishing my spirit high

Faces keep looking at me
Beauty and wonder and sadness are locked in those faces
Those never ending faces
Keep looking at me

Ever Be Right

Do you think that we could ever fall in love?
Should we give it one last try?
Sometimes to be in love does not fit in with life
Sometimes that's what life is for

I remember how you touched me in the rain
You thought the raindrop was a tear
One of joy, one of sorrow as we ran
Laughing in the sacred face of fear

I would travel through the seasons of your life
Changing heart and changing mind
I would travel with you `till the end of time
But maybe I should let you go tonight
Do you think it ever will be right?

Do we share a place we really cannot be?
Can such beauty scar your smile?
Open hearts cannot stay open anymore
It seems I haven't seen you for awhile

I would travel through the seasons of your life
Changing heart and changing mind
I would travel with you `till the end of time
But maybe I should let you go tonight
Do you think it ever will be right?
Do you think it ever will be right?

Dear God

Dear God, please reach out your magic hand
And fill my soul with love that I can give my fellow man
And give me strength to understand
Who they are and who I am

Dear God, I know that we're not all the same
You gave us different minds, different reasons, different names
But look into the eyes of another and you see
That we are really one and want to live in harmony

Dear God, spread your love I want to share
The heart of everyone and feel the love I know is there
So let us all take hands around the world and show we care
We realize in the end, we need each other everywhere
And after all, it's love that's all that's there

Dear God, please reach out your magic hand
And fill my soul with love that I can give my fellow man
And give me strength to understand
Who they are and who I am

Nature Brings



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Dance of Life

Walking down a clear mountain stream
Thinking of the places I've been
and where I'm going
Look at all the choices I've made

Letting my eyes soar high in the sky
Letting the far vision be my guide
I'm listening, the voices sing

Beaver says to me
When you're flying in the sky it's a long way down
And Falcon says to me
When you're walking on the ground your soul is bound
and it can't be found, listen to me

Flying in the sky is easy, playing with the sun
Walking on the ground is easy, by the river having fun
But sometimes things aren't so easy, don't you know

The Beaver says to me
When you're flying in the sky it's a long way down to fall
And Falcon says to me
When you're walking on the ground your soul is bound, it dies

Flying in the sky is easy, playing with the sun
Walking on the ground is easy, having fun

And Beaver says to me
When you're walking on the ground you have all you need to grow
And Falcon says to me
When you're flying in the sky your soul is free
They both agree
It's a dance of life

Sometimes things are easy
Sometimes things are hard
When I'm walking or I'm flying
I'm living the dance of life

Whenever I'm Lonely

Whenever I'm lonely, my mind soars free
My eagle sails on a breeze, cause there's nowhere else to be
And I, feel I'm on a mountain top with the sky
And my eagle flies to the sun, fly where he will
And I am lonely still

Whenever I'm lonely, I think of you
I look in the night, and you're the star that shines right through
And I, I let you fall and smile for me
And my mind, no longer will it wander free, it's with me
And I'm not alone
My eagle has found a home

He's found a home

The sunshine now will rise in me
Cause you are always in my dreams
Come to me and don't ever go
or my eagle will rise again
Rise again

I Should Love You

We used to talk for hours I recall
We shared our deepest feelings, shared them all
You showed me things I'd hidden in my heart
We had so much between us from the start

In you I saw my own life and I knew
The magic that you followed, I had too
And when we were together, it just grew
Giving me the strength to pull me through
Do you need me too, to pull you through

You know that I should love you
But our lives get in the way
Your eyes are like a pillow to my heart when you are near
But when you go I turn my back in fear
That you won't be here
You're not here

The seasons have brought changes into me
I've always understood how things should be
But now when I am with you I'm not there
I feel that I must hide, try not to care
But I really care, you know I do

You know that I should love you
But time gets in the way
Now I see we each are really different, yes I know
But the things that we have shared still want to grow
But we're spending so much time in different ways
And whenever we're together, we can't stay

You know that I should love you
But our lives get in the way
Your eyes are like a pillow to my heart when you are near
But when you go I turn my back in fear
That you won't be here
You're not here

I wish that I could hold you when you're here
I really want to hold you when you're here

Snow Leopards

You come running down to greet me
Against the steel fence we rub
My hands and face cannot touch you
and I wonder if they should
Are you happy to see me?
Is a part of you wild?
Your eyes soft but hardened
Are you the mother or child?

You have nowhere to run to
Not when guns and the tractor kill
Nowhere to run to
In your eyes something dying still
Want to run with you, to play with you, to be with you

Concrete rocks are your mountains
Chunks of beef are your prey
Are you the same as your brethren
who live so free far away?
Yet they all are endangered, trapped
and you in comfort survive
But your eyes ask a question
what does it mean to be alive?

When you have nowhere to run to
Not when me and my brothers kill
Nowhere to run to
It is love I want you to feel from me
In a dream I'm by your side, you see
There's a part of you in me
Want to run with you, to play with you, to be with you

So much joy, so much beauty, with the wind in your hair
Dancing, playing together, a graceful leap in the air
A gentle gaze in the sunshine, the spirit glows in your eyes
In a cage we live our lives
Glad you're here, wish I were there, together somewhere

Everyday people watch you
You eat children some say
Ferocious and wild
It's a joke I'm afraid
When raised by a human

When you long for my touch
You live trapped between two worlds
One of ours thanks so much

You have nowhere to run to
Not when me and my brothers kill
Nowhere to run to
In your eyes something dying, dying still
Want to run with you, to play with you, to be one with you

If You Want to Be

If you want to be a lover, then let yourself love right now
If you want to be dreamer, then let yourself dream right now
If you want to be a dancer, then let yourself dance right now
If you want to be a singer, then let yourself sing right now

I don't really want to stay the same
I don't really want to be afraid again
I want to open a new door
Explore the person I can be when
I'm really me

If you want to be a healer, then let yourself heal right now
If you want to be traveler, then let yourself travel right now
If you want to be a seer, then let yourself see right now
If you want to be a believer then let yourself believe right now

I don't really want to stay the same
I don't really want to be afraid again
I want to open a new door
Explore the person I can be when
I'm really me

If you want to be a lover, then let yourself love right now

Great Spirit

Oh Great Spirit
Dance in the wind
Sing me a song
To the rhythm of the earth

Oh Great Spirit
Dance in the wind
Sing me a song
To the rhythm of the earth

To the rhythm of the earth
To the rhythm of the earth

To the North wind and Snow Leopard spirit I am grateful
To the East wind and Eagle spirit I am grateful
To the South wind and River Otter spirit I am grateful
To the West wind and Dolphin spirit I am grateful
To all things, to all my relations I am grateful
I bless this time and this space
May we all join together in peace and harmony

Heart Beat

The morning sits upon me, I know there's much to do
Exciting worlds await me, but instead I think of you
Think of you, your eyes

I'd like to say I love you, but you've heard it all before
To say I'm thinking of you, and why I'm just not sure
Each day is filled with splendor, but my heart still cries you know
If I can't live with sorrow, then how else will I grow
Heart Beat

I like to play my music, and I would like for you to hear
The magic of these melodies to fill your loving ear
I wonder how your life is, is there something left to share
Each day a little farther, I wonder how much to care

I'd like to say I love you, but you've heard it all before
To say I'm thinking of you, and why I'm just not sure
Each day is filled with splendor, but my heart still cries you know
If I can't live without you, then how else will I grow
Heart Beat, Heart Beat

Nature Brings

Have you opened up your eyes to this wonderful surprise
Yes, the beauty that you see was really meant to be

Nature brings

Have you opened up your ears to all there is to hear
Yes, the beauty nature brings was really meant to sing

Nature brings

And have you opened up your love to all who will receive
Yes, the beauty that you find will help us all believe

Nature brings, nature brings

We Need Love to Live On

I sit alone as I watch forgotten days
Autumn teardrops in a morning haze
Too deep in silence to hear my voices cry
An image wanders in a cloudy sky
I think of who I am and what it means to be
I think of others who wonder just like me
And I'll let beauty guide me
As long as you're beside me

Cause we need love to live on
And we need hope to be strong
Find it in yourself and give to someone else
I'll give you all that I can
And you help make me what I am
In living we will share and in growing we will care

So lost in feeling, the confusion deep inside
Within illusion somewhere purpose hides
I sense an answer as I think of all I've done
An autumn day grows bright with rising sun
The answer that I seek comes not from inside me
It comes from others whose reflections I can see
You guide me with your feelings
From you I get my meaning

Cause we need love to live on
And we need hope to be strong
Find it in yourself and give to someone else
I'll give you all that I can
And you help make me what I am
In living we will share and in growing we will care

Believe in Yourself

If you're waiting around for a dream to appear
But nothing is found and nothing is clear
Then remember, what the sky said so long ago

If you wait for your star it may never appear
You must paint it in the night sky, and then hold it dear
To shine bright with the others painted there

You must believe in yourself, in all you can do
Love yourself and you will shine through
Like your painted star still calling in the night

You must believe in yourself, in all you can do
Love yourself and you will shine through
Like your painted star still calling in the night

Calling in the night, still calling in the night

What Does It Mean

What does it mean to get lost in a song?
What does it mean to dance the whole night long?
What does it mean to be a waterfall?
To think of you and love it, love it all

The magic in life has a slippery face
When it leaves I'm alone
Mundane march of machines blindly running some race
Oh I must let go, just to feel I know

What it means to get lost in a song
What it means to dance the whole night long
What it means to be a waterfall
To think of you and love it, love it all
To love it all

Seaside Harmony



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Easy to Love You

You glide across the floor with such effortless ease
 So graceful and light, like a leaf in the breeze
 There's a glow in your eye, a smile on your face
 Laughter so light that it lifts this whole place

Don't you know, it's so easy to love you
 Dancing slow, it's so easy to love you

Dancing in time to a free flowing beat
 Body swaying in rhyme on those magical feet
 A bird taking flight are you one with the sky
 The music, your touch, it's a blur rising high

Don't you know, it's so easy to love you
 Dancing slow, it's so easy to love you

Don't you know, don't you know
It's so easy to love you
Side-by-side dancing slow
It's so easy to love you

Running

I had a dream that I was running
Along a path by the shore
And I kept running
I couldn't stop to watch the sunset
or to listen to the waves, or really talk to a friend, or to touch you
I kept running
I had to get someplace or away from someplace
I could not stop, I kept running

I am running, I keep on running
On this path to somewhere or away from somewhere
I am running and driving and thinking and running
I'm so busy
Got to get to somewhere or away from somewhere

And there are the waves
rolling onto the shore caressing the sand
Should I stop here to listen to them
to absorb their healing nurturing rhythm
And there's a sunset
Brilliant pastel colors lighting the sky
Should I stop here and watch the colors change
a lullaby into the twilight (no I can't stop here)

I am running, (goodbye) I keep on running (gotta go)
On this path to somewhere or away from somewhere

It doesn't really matter where you stop
Just stop and be still, in this moment be still
You can feel, you can listen, you can be
with life, with love
Be with me

I am running, I keep on running
On this path to somewhere or away from somewhere
I am running and driving and thinking and running
I'm so busy
Got to get to somewhere or away from somewhere

And there is tree with branches and leaves welcoming me
Should I stop here to visit and climb and talk with tree
to nestle in those big reaching arms
And there you are with those beautiful eyes and open loving heart
Should I stop here to be with you and love you
To feel the joy and the pain (no, I can't stop here)

I am running, (goodbye) I keep on running (gotta go)
On this path to somewhere or away from somewhere

It doesn't really matter where you stop
Just stop and be still, in this moment be still
You can feel, you can listen, you can be
with life, with love
Be with me

It doesn't really matter where you stop
Just stop
It doesn't really matter where you stop
Just stop and be loved, in this moment be loved

I am running, I keep on running
On this path to somewhere or away from somewhere
I am running and driving and thinking and running
I'm so busy
Got to get to somewhere or away from somewhere

I am running, I keep on running
If I could only stop!

Dance in the Garden

Mockingbird calls somewhere in the garden
I follow outside, try to whistle his song
The grasses all wave as I dance moving by them
The trees fill the sky, brilliant blossoms delight

And I sing, as I dance in the garden
By the colors of spring, I'm filled with new life
Watch me grow, like a wild flower bloom'in
On a carpet of green, I reach for the light

Butterflies dance to the sparkles of sunlight
A springtime romance with the soft gentle breeze
The flowers, they sing with a chorus of colors
Their harmonies ring, bringing joy to my heart

So I sing, as I dance in the garden
By the colors of spring, I'm filled with new life
Watch me grow, like a wild flower bloom'in
On a carpet of green, I reach for the light

And I sing, as I dance in the garden
By the colors of spring, I'm filled with new life
Watch me grow, like a wild flower bloom'in
On a carpet of green, I reach for the light

Now You're Gone

You were a butterfly and lit upon my hand
I touched you with my gaze, you turned to pouring sand
In wind the sand will blow and scatter through my reach
To disappear like time, lost as an endless beach

I now look at myself, does a part of me decay
You went a, went away, went away
I must hang on now you're gone

But my life is all I need if I look in the right way
Can't you see it, don't you believe it
I will build a bright new day
Carry me on a ride `cross a wonderful new high
Find my own way as I fly, nothing ever has to die
I will be the one, make the sun shine, make the words rhyme
Touch the whole world with my song
And everyone will sing along, and be free
Be free

You were a whisper calling softly out to me
I tried to listen, but it died out suddenly
No sound brings silence, just my fading memories
I try to hear, nothing, I'm alone with what used to be

I now look at myself, does a part of me decay
You went a, went away, went away
I must hang on now you're gone

All That Matters

All that matters is the sunshine
and its sparkle in your hair
All that matters is the breath I take
and the love that we share

All that matters is the blossom
brilliant flower of time
All that matters are the leaves that dance
to the winds gentle rhyme

All in my heart, all in my heart
All in my heart, all in my heart

All that matters is this moment
the connection that I feel
All that matters is the bird singing
telling me what's real

All that matters is the silence
of the candles yellow flame
Taking me to any world
to the source from where I came

All that matters is this feeling
telling me my truth
All that matters is this touching
feeling for you

All in my heart, all in my heart
All in my heart, all in my heart

Take Me

She sits alone, looks out to sea
The waves call out as if to plea
She wants to go where she belongs
The sea is home, its wind and songs

But she can't leave the land and shore
For that is real, she must endure
But he will sing to her each day
And send her dreams and hope she stays

Take me, take me, take me out to the sea
Take me, take me, take me out to the sea

The water moves its magic hand
Enchanting music on the sand
Entrancing eyes look to her own
To lure her in, to bring her home

She turns her back, `cause she can't go
But to feel the wind, oh no, no, no
So where to now, she leaves her home
Back to the land, she sits alone

Take me, take me, take me back to the sea
Take me, take me, take me back to the sea
I love the sea, the sea is my home, I cannot leave the sea
I love the sea, the sea is my home, I cannot leave the sea
Take me, take me, take me, someday you'll see
Take me, take me, take me, someday I'll be free
I'm free

A-A-A-O

How come when I try to share
No-one out there seems to care
Why can't I just be the gifts I have

Artist working pumping gas
Musician doing office tasks
Actress waiting at the cocktail bar

Come and find me here, use me as best as you can
Show my secret fear, blending two worlds in my hands

Who am I? What's my purpose?
Survival does not understand
The open heart, creative spirit
The essence of all that I am

Hurting Me

I want to talk to you but I dare not call
shouldn't see you at all `cause it's hurting me
Gotta break this pattern we're in
I just can't give in `cause it's hurting me

We used to dance and we'd sing
Make love and share dreams
Our passion was seen by those around us
I thought love had found us but we could not let it be
We shared a vision so strong then you'd say that it's wrong
and it's hurting me

Sometimes when I laugh and I sing
under stars shining lights all around

We used to share the magical air
that carried the message of our dreams
I still dance and I sing
but a part of my heart sorrow holds
Spread wings on the air, flying alone
To find that home I used to know, I must let you go

Gotta break this pattern we're in
I just can't give in 'cause it's hurting me
You say "I love you" today, then push me away
and it's hurting me

I want to make love to you, to sing an old song
to dance all night long, to brush your dark hair
Our stories to share with someone who cares
But life goes on
After I heal my heart my dreams will be strong
I'll find where I belong, fly on magical air
Share my gifts everywhere, find someone who cares
who can really love me
And we'll dance and we'll sing
Make love and share dreams, our passion be seen
Gotta break this pattern we're in, I just can't give in
'cause it's hurting me

Seaside Harmony

Setting sun, painted colors on the sky
I look down ocean waves in the distance you pass by
Water dancer running off into eternity
To see what life can give and bring some back to me

And I did not know how beautiful you are
I did not know how beautiful you are
until I sang to you, and you sang to me
Seaside Harmony

Song of flute, ocean melody of love
Voices rising on the surf to blend as one
Starlight rhythm, whirling angels of the night
Magic wings of spirit lift us into flight

And I did not know how beautiful you are
I did not know how beautiful you are

until I danced with you, and you danced with me
Seaside Harmony

And I, now I know how beautiful you are
I know how beautiful you are
I share my love with, you share your love with me
I love you, you love me
Seaside Harmony
We're both set free
Seaside Harmony

Good Night

Good night, good night
Good night, close your beautiful eyes
Good night, in the soft breath of sleep
May the song in your heart come alive in your dreams
May your laughter embrace all your angel wanderings
Good night, close your beautiful eyes my love
Good night

Fallen Towers Arise



Events happen in our lives that cause us to take a close look at ourselves and our place in the world. We feel deep emotions and look for profound meanings to guide our lives. We experience the darkest side of humanity, yet struggle to believe in the greatness of human spirit. We want to express the best that we have to offer and hope that somehow we can help create a world that reflects the brightest of humanity - a world of peace, compassion, kindness, cooperation, and love. What part can I play, I wonder, as I see others rise to the occasion.

The terrorist attacks on the World Trade center in New York and the Pentagon in Washington DC on September 11, 2001, is one such event. These songs are dedicated to the personal struggles and strength caused by this event and to the best in humanity that ultimately prevailed.

This is an instrumental album.

1. Awaken
2. Reason for Hope
3. My Anger Shall Be Heard
4. Soul Yearns for Meaning
5. Confusion Surrounds
6. Finding Courage
7. Joyful Spirit
8. Peace Prevails

At The Zoo



At The Zoo contains thoughtful and upbeat songs that explore our connection to nature and the impact we have on the environment. The songs encourage singing and dancing, foster good self-esteem, and present the message that each person can make a difference.

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Welcome

Chorus:

Welcome to the music, welcome to the stories
welcome to the games that guide our way
Welcome to the dancing, welcome to your glory
welcome to The Crystal Bridge, Let's celebrate!
Welcome to the music, welcome to the stories
welcome to the games that guide our way
Welcome to the dancing, welcome to your glory
welcome to The Crystal Bridge, Come play!

Welcome to the birds that sing and dance with golden leaves
Welcome to the seagull that soars on a salty ocean breeze

Welcome to the green grass that grows so soft beneath my feet
Welcome to the sun shining high in the blue sky, giving heat

Chorus

Welcome to trees and the plants that grow up from the ground
Welcome to the bees and the ants that crawl and buzz around
Welcome to the butterfly who delights us with her flight
Welcome to the flowers, the colors, the people shining bright

Chorus

Sing a Song

Do you ever feel all alone?
Do you ever feel there's no home?
Well there's a way that you can laugh and be free
Dance down by the ocean, in a forest, down a stream, and

Sing! Sing a song
Just Sing! Sing a song

Now let me tell you 'bout a thing you can do
If you're feeling down and you're blue
It makes you happy, it makes you a friend
Whistle with the birds, hug a tree, and then just

Sing! Sing a song
Just Sing! Sing a song

When the sun rises over the land
When the ocean waves crash on the sand
When the eagle flies high on the stream
The whole world joins together and sings, we

Sing! Sing a song
Just Sing! Sing a song
We Sing! Sing a song
Just Sing! Sing a song

At the Zoo

I was taking a walk one day, and I thought, "Hey, maybe I'll take a trip to the zoo." But then I began to wonder - just what will I do at the zoo?

I will visit with the elephants and I'll hear them blow their horns
I'll listen to the howls and the jaguar growls and the lions give a roar
I will swing with the orangutan as the monkeys screech out loud

The ducks all quack, the oxen smack, the seals bark and give a clap,
and the giraffes, well they just chow

At the zoo, zoo, what will I do?
What will I do when I visit at the zoo?
At the zoo, zoo, what will I do?
All the animals are talking to you

Some animals are funny, and I laugh with great delight
Some of them amaze me, others make me cringe in fright
With some I want to play, others sleep until it's night
But they are all my friends and I give them my respect
because I want to treat them right, that's right!

At the zoo, zoo, what will I do?
What will I do when I visit at the zoo?
At the zoo, zoo, what will I do?
All the animals are talking to you

Now I've heard there's something going on with these guys back at their homes where they really
live in the wilderness. So I asked, and I was told that this is what's going on

Some are overhunted
Bang! Trap!
For their furs and horns and sport and fat and meat
Some have lost their homes
Chop! Plow!
When we clear the land to build our toys and cities, farms, and streets
Some of them are poisoned
Glub! Spew!
By the chemicals we use
Some of them are captured
Cage! Net!
To be loved or be abused as somebody's pet
Do we need wild animals at home in the wilderness? You Bet!

A parrot from the rainforest had a talk with me one night
In a dream he said, "Let us live and grow please.
Don't take everything in sight."

I will listen to the animals for they have something to say
They share about their homes and their special way of life
that may seem so far away
They left a wilderness of beauty to be protected behind bars

If we keep on destroying the life upon this planet
will we have to move to Mars?

At the zoo, zoo, what will I do?
What will I do when I visit at the zoo?
At the zoo, zoo, what will I do?
All the animals are talking to you, and you, and you
And you too, over there!

Gotcha

Ah, the wonders of modern technology make life so nice

Sewage from the city, oil spilling free
Trash from all the hospitals, we dump it out to sea
Watch it float away, It says gotcha, I'm coming `round again

Smoke from all the factories, poisons rising high
Fumes from automobiles, we pour them in the sky
Watch them blow away
They say gotcha, I'm coming `round again

Now I know we do not always see with much clarity
We're giving to the right but we're taking from the left
Now I know you don't always think through all the things you do
We're giving to the left but we're taking from the right, Hey!
What feels right? What feels left?

Trash from all the things I buy, pesticides abound
Those things we don't recycle all end up onto the ground
Watch them roll away They say gotcha, I'm coming `round again
We see it in the oceans on the land and in the air
Exploiting our resources causing problems everywhere
We think they go away
They say gotcha, I'm coming `round again

Let's see all that pollution and trash out there. That's yukky looking stuff.

Now I know we do not always see with much clarity
We're giving to the right but we're taking from the left
Now I know you don't always think through all the things you do
We're giving to the left but we're taking from the right, Hey!
What feels right? What feels left?

Let's clean up all that trash and pollution. Clean it all up.

Now I know we do not always see with much clarity
We're giving to the right but we're taking from the left
Now I know you don't always think through all the things you do
We're giving to the left but we're taking from the right, Hey!
What feels right? What feels left?

Ah, it sure is a nice clean looking world now. I love the fresh, sparkling air and the crystal clear water
and the beautiful green land. But wait, what's that. Oh, it's coming around again. Where does it
come from? Where does it go to? Watch out, here it comes!
Watch out, here it comes! Gotcha!

Somewhere in the Rain

Somewhere in the rain falling from the sky
A bird will try and sing to you
"If my forest goes away, we all are sure to die"
Do you think that you can listen to him?

Somewhere in the rain falling from the sky
A bird will try and sing to you
"To the forest I'll return, giving me my life"
Touch and feel the song within you

Somewhere in the rain falling from the sky
A bird will try and sing to you
"Please let me return, for the forest is my home
Give to me my life renewed"

Somewhere in the rain falling from the sky
A bird will try and sing to you
"If my forest goes away, we all are sure to die"
Do you think that you can listen to him?

"Sing the song within."

Listen to him
"Sing the song within."

"Please let me return. Give to me my life. Echo my song"

Let's hear your bird calls. Let him know you understand

Dance Along

Hello, and welcome to samba beach!

The ocean waves roll in with a pulsing roar
The rhythm of the earth echoes on the shore

The seals take the lead with their barking songs
The shorebirds sing in tune as they dance along

I walk along the beach where the music is strong
The rhythm fills my soul until I can't hold on
So I let my body move as one with nature's beat
Dancing on the sand with all the creatures I meet

A song of love begins to fill my open heart
Blending with the waves and birds and all those seal barks
It's a symphony of peace, it's a dance of life
A vision of myself that feels so right

Now's your chance to dance!

The ocean waves roll in with a pulsing roar
The rhythm of the earth echoes on the shore
The seals take the lead with their barking songs
The shorebirds sing in tune as they dance along

Dance along, Oh they dance along
And they sing their song
Sing their song, dance along
Oh dance along!

Pelican

Pelican, I heard you whisper by
Now you're free on the ocean, in the sky
Finding life again, you share majestically
Gliding on the waves so silently

Pelican, your message seems so clear
In falling sky, your spirit is so near
Once in death you cried and struggled holding on
With love's soft wings and open heart, you've won

Close my eyes and feel the touch of your wings
Take me with you and together we'll sing
Growing stronger guided by nature's hand
On the sunset we rise and understand

Pelican, the sunshine now is gone
Your shadow fades, but your spirit still lives on

Close my eyes and feel the touch of your wings
Take me with you and together we'll sing

Growing stronger guided by nature's hand
On the sunset we rise and understand

Oh Pelican, fly on
You give us hope, be strong
Fly on

I Am Nature

Well, I went for a walk by myself to the ocean one day
I thought I would sit still and hear what the sea had to say
So I sat on the beach and I let the bright sun shine on me
I emptied my mind and I let go of time until my senses were free

And I was a starfish. And I was a seagull
And I was the ocean waves. And I was a dolphin

I feel you inside me. I know we're one and the same
But I've been feeling so lonely. And it's been causing us pain
Because it's so hard to be with you. In the city where I live
We call it survival. But are we hurting ourselves?

Chorus:

I'm the earth, I'm the sea, I'm the soil and the leaves
I'm the creatures that fly
I'm the creatures that crawl and that swim big and small
I'm the clouds in the sky
I am all living things when I show care for all beings
I'm really helping myself
I won't over-consume, I won't waste, I'll make room
to live with everyone else

Because we're one. That's right, we're different but we're one
Separate but interconnected

Well, I went for a walk by myself to the forest one day
I thought I would sit still and hear what the trees had to say
So I sat on a log and I let the fresh breeze blow through me
I emptied my mind and I let go of time until my senses were free

And I was a deer. And I was a pine tree
And I was a stellar's jay. And I was a black bear

Let's get together and make a true harmony
Because when I am with you I'm filled with power and peace

Please give me guidance with the gifts that you share
Your wisdom is needed because the path is not clear

Chorus

Let's get together and make a true harmony
Because when I am with you I'm filled with power and peace

Chorus

Cause I am a starfish. I am a seagull
I am the ocean waves. I am a dolphin

I am a deer. I am a pine tree
I am a stellar's jay. I am a black bear

We are one. That's right, we're different but we're one
Separate but interconnected

Grateful

Great Snow Leopard spirit thank you for your guidance
Great Pine Tree spirit thank you for your evergreen
Great Chickadee spirit thank you for your music
Great Otter spirit thank you for your playfulness

Oh, Grateful, Grateful, Grateful, oh yeah
Hey, I'm Grateful, Grateful, Grateful, oh yeah
Hey, I'm Grateful, Grateful, Grateful, oh yeah

Great Mockingbird spirit thank you for your stories
Great Leaf spirit thank you for your dancing
Great Bear spirit thank you for your caring
Great Mountain spirit thank you for your power

Oh, Grateful, Grateful, Grateful, oh yeah
Hey, I'm Grateful, Grateful, Grateful, oh yeah
Hey, I'm Grateful, Grateful, Grateful, oh yeah

Great River spirit thank you for your flowing
Great Spirit, thank you, flowing
Oh, Grateful, I'm grateful, Grateful

Finding Your Way

Somewhere I've seen places where all can dream
Fresh and alive, follow a mountain stream
Fountains of light, breezes that blow your way
You sparkle bright, you are your own new day

I'm making rainbows, all colors and kinds
I'll be a sunflower `cause they always shine
I'm spreading my love out to sparkle in time
The best I can find

Look at yourself, find out just who you are
Rise and be strong, with hope you can go so far
Sail on a song, over in rhyme you go
Search to be free, that's when you really grow

I am the magic you see in the day
Like fields of wild flowers with beauty I play
I'll rise in a vision, a bright golden ray
Finding your way

Well I'm free like a bird, spread out to touch all lands
Sing and be heard, blossom with what's at hand
Follow the sky, let it be a part of you
You found your dream, somewhere I've seen it's true

I'm making rainbows, all colors and kinds
I'll be a sunflower `cause they always shine
I'm spreading my love out to sparkle in time

I am the magic you see in the day
Like fields of wild flowers with beauty I play
I'll rise in a vision, a bright golden ray
Finding your way

The Crystal Bridge Story



Hearing the cry of visionary eagle, the animals of earth gather to discuss an unknown dark force that is destroying their homes and is filling their spirits with a feeling of loneliness and disconnection. They seek help from ancient and wise sea turtle, who tells them a prophecy. The prophecy speaks of a time when darkness and loneliness overpower light and connection. The animals, led by squirrel, embark on a journey to find the rainbow bridge, which promises to rebalance the light and dark and restore their connection to nature and life.

The journey is long and hard. The animals must let go of their old home to find something new. Exhausted, the animals fall asleep and enter a dreamtime, where they become humans and live in the industrialized world that engulfs natural resources, pollutes, and alienates them from life and the cycles of nature. Bear is finally able to awake and pray for reconnection, and he guides the animals to stop and chant to reconnect with the life force through an inner journey. The animals find the rainbow bridge inside of themselves and are returned to their new homes with a glow of fullness and connection. Each is honored for the gift they shared to help all complete the journey, and they now truly feel the oneness and their own empowerment. Through this process of growth and awareness, the animals remind humans of the sacred connection to life, nature, and spirit.

May we live with reverence for all the life that surrounds and supports us.

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Crystal Light (prelude)

I have journeyed through a life that I don't know
 Trying hard to learn the ways in which I grow
 Fighting fears alone and struggling just to live
 Yet walk a balanced path with love for all I give

And maybe crystal light is what I need
 Maybe love is my own prophecy
 To touch all creatures with a glowing seed
 Maybe crystal light is really what we need

I'd like to feel that I have done all that I can
 To keep the world in peace and harmony at hand
 To help all others even when I act in greed
 To share the gifts I have, to be open to receive

And maybe crystal light is what I need
 Maybe love is my own prophecy

To touch all creatures with a glowing seed
Maybe crystal light is really what we need

Crystal light

Mountain

I hear Eagle crying as he flies overhead calling to the animals of the earth
An urgent and desperate sound, not his usual call of free spirit and happiness
I the great granite Mountain have watched and listened since the beginning of time
I have seen life develop and grow in balance nourished by my soil and the bright rays of crystal Sun

But there is danger now, a great upheaval, and it is echoed in Eagle's voice
A lonely dark force is growing out of control, endangering all of Earth's creatures
Creating a desperate time, a world out of balance

And I, I can no longer speak for ears have gone deaf to me
So I wait, and listen, and dream of the way things were
I remember Eagle's song, a reflection of the beauty and harmony of nature

It is dawn, and golden fingers of light reach down to awaken Earth
Eagle sails in the sky as he always does, one with the wind and the crystal Sun
Looking down over Earth – stream, mountain, trees, meadow, ocean, and lake
All flow by beneath him in wondrous beauty
This is his home, his place of peace and happiness

Eagle dips down to the water and flies back up to his nest atop a tall fir tree
And from there into the sky to touch wingtips with his friend, his colorful spirit, Rainbow
I can hear him now...

Eagle

I can see, and I believe
I believe in the laughter of wind in the trees
I believe in the good times that can be

And I'm just an eagle that drifts on the free wind
Just like the rain that falls to make the air so clean
And I live on rainbows, and rainbows need sunshine
And I need the sunshine you know so I can live, I can grow

I see light, I shine bright
I see the star that shines all alone in the night
I hear the birds that call me in their flight

Open your eyes and you'll be surprised at the world you see
The star that guides us all through the forest where we are free

You've got to hear how the stream flows, and follow it with care
Let yourself believe it
Look, and it is there

Life
Life is mine, all the time
Look at the waves of an ocean and say I can dive
Look at the peak of a mountain and say I can climb

And I'm just an eagle that drifts on the free wind
Just like the rain that falls to make the air so clean
And I live on rainbows, and rainbows need sunshine
And I need the sunshine you know, so I can live, I can grow

I can live, I can grow, I know

Loneliness Falling

The day is young as Eagle flies
Fresh morning sun casts shadows upon land below
Eagle looks down onto Earth as he has done so many, many times
but something is different, Eagle senses something wrong

There is a darkness, a loneliness, moving onto the things of nature
Mountain is no longer proud
Tree does not stand majestic and tall
Lake is dark
Stream does not laugh
Meadow does not wave with joy
Even Sky is not so crystal blue

Eagle flies quickly to return to his home
and sees that his nest and the tree that held it high are gone
The forest is gone
Only a scared mountain remains

From deep within all beings Eagle hears a weakening voice
It is life on earth...

Beauty is gone you see
My harmony sings out of tune
Nature in misery
The laughter is shrouded in gloom

Loneliness falling
Covers the mountains and seas

Loneliness falling
Darkens the air that we breath
Where is the sunshine
Where is the laughter of trees
Where is the rainbow
Lonely a seed that spreads like disease

I feel sickness
Poisonous waste seeps silently throughout my body, burning all living things
My soil is torn, my trees crushed
The crystal air and sparkling waters that once brought life, now bring death
There is no other place
We all cry in pain, victims of our own execution

Is loneliness a part of me
I wonder from where it has come
It spreads un-relentlessly
I do what to me has been done

Loneliness falling
Covers the mountains and seas
Loneliness falling
Darkens the water we drink
Where is the sunshine
Where is the laughter of trees
Where is the rainbow
Lonely a seed that spreads like disease

And where is that sunshine
And where is the laughter that filled up my heart
Where is that rainbow
Lonely a seed that tears me apart

Eagle Calling

From under a thicket, Squirrel hears Eagles call. A cry to all the animals to gather to discuss the disappearing nest, the scared mountain, the loneliness that is destroying the earth...

Eagle is calling
Eagle is calling to meet, I must go
Eagle is calling
Echo of sadness in spirit and soul

Eagle sees far and wide
He can see the changing tide

A warning of things to come
A warning damage already begun

Eagle is calling
Eagle is calling to meet, I must go
Eagle is calling
Echo of sadness in spirit and soul

Where is the love once in me
Calling all rainbows
Where the compassionate plea
Calling all sunshine
Where is the circle that breaths
Gone with the moonlight
Where is the earth's harmony
Gone with the crystal that once used to be

Eagle is calling
Eagle is calling to meet, I must go
Eagle is calling
Echo of sadness in spirit and soul

Meadow of dancing joy
Your colors are all fading into grey
Sky blue once in Crystal's light
Now darkened in brown
It's choking life from the day

Is calling
Eagle is calling to meet, I must go
Eagle is calling
Echo of sadness in spirit and soul

Gathering

The animals begin to gather in a sacred clearing beneath Pine Tree's embrace. Sun turns into Moon and stars open eyes to see what is happening below. Squirrel, Bear, Snake, Chickadee, Spider, Fox, Pelican, Otter, and others begin to discuss the meaning of Eagle's urgent call...

What is this calling we hear
It draws us together
Each from our own special home
Each with our lives
Have you see something that seems just amiss
The cycles all spiral

Voices in anguish from creatures on earth
Something is wrong

And where has the sky gone
Our sacred mother is crying in pain
We watch as the tree falls
Gone is our homeland, we must complain
So here we come, here we come

The river I swim in grows small, and the fish, they are dying
The burrow I lived in is gone, and my family is crying
Well, I've seen my babies all crushed in their shells, and I cannot feed them
The air is a battleground of dangerous smells, and I cannot breath

And why has the earth changed
We cry for justice for we are all one
We must help our mother, our sisters and brothers, our daughters and sons
So here we come, here we come

Remember Us

“OK, so let's go”

“But what do we do?”

“I'm not even sure I understand the problem”

“Whatever this destruction is, it seems to be beyond our control”

“Eagle, do you see anything from up high that can help us?”

“No, the sky is becoming thick. It is hard to see, or hear, or feel – except the loneliness”

“There must be some magic, a chant or something we can use to make the destruction go away or it will kill us all”

“And our children”

“We must work together to protect against such a beast, but where do we start?”

“And how do we survive in the meantime?”

“I know, let's ask Sea Turtle for help. She has been around before anyone can remember and may know some magic or ancient stories”

“Sea Turtle? She hasn't spoken for so long, and she didn't come when Eagle called”

“But we must do something. She is probably asleep on the beach. Let's try”

There is not a better suggestion, so the animals head down to the beach and find Sea Turtle tucked in her shell on the sandy shore. They knock on her hard shell to bring her out...

Uh, hello? Good morning!

Who knocks on my shell – don't disturb me, I need my sleep

What? Do I know about the loneliness?

I have felt it, but there is nothing I can do

I move slowly

I only have time to find my food, and lay my eggs, and get my sleep
I have no power against loneliness
Go away!

Remember us my friend, we found you
Remember us in time, we stand beside you
We need your help my friend, we will help you
We need the gifts you have, we need your truth

Once, not so long ago, I tried to work against loneliness
I was swimming out deep in the sea when I heard a huge crash from above
I swam to the surface to see what it was
Some large floating creature was oozing black pools of darkness onto the ocean
I tried to warn the other creatures
But I could not move fast enough or I could not call loud enough
So the birds and seals and otters died
I could do nothing, so why try

Remember us my friend, we know you
Remember us in time, we stand beside you
Come back into this world, for it is you
Restore your hope in life, in all you do

Hope, Turtle, Hope
Does hope really work?
What choice do you have? What is life for?
You have got to care about yourself and others
We need change to survive
Hmm, so how do things change and what is my part in the change?
We can work together, each one empowering the whole
It is up to us
Hmm, I guess that is true. OK, let me tell you a story

Remember us my friend, we know you
Remember us in time, we stand beside you
Together hand-in-hand a dream comes true
United strong we stand for all we do

Story of Crystal

Sea Turtle remembers a story and a prophecy about the earth...

In the beginning, there is one energy, one light
Crystal of pure transparent soul lets in the light
And it passes through emerging as an infinite array of bright colors

Colors that become the earth

Crystal sends her beautiful spirit down a rainbow bridge to Earth

Where its magic is life, the plants and animals

At first life is in harmony, strong with the energy of Crystal

Balanced with darkness, the power of destruction and loneliness

But someday darkness grows too strong, upsetting the balance, and a period of destruction follows

At this time, each must seek the Rainbow Bridge and the energy of Crystal

A place of light, truth, and power

Then life again balances death, loneliness vanishes, harmony restored

Hearts again feel all others

If the Rainbow Bridge is not found, loneliness fills all, Crystal is gone, the dark dream is forever

...”Oh my gosh, then we better hurry. Where is the Rainbow Bridge? Do you know? We must find it.

Do you see it Eagle?”

“No, I used to be with it, but not anymore. The sky has gone dark, and it feels so lonely. But I think it is probably in that direction – over there.”

“Then we must journey, across the land through loneliness to find the rainbow and Crystal’s light. I’m sure it’s just beyond our sight, probably on the other side of that mountain. We can get there by tomorrow, but we must hurry. Let’s go! Bear, Bear! Are you coming?”

Journey

The journey begins for those who dare step forth

Travelling far from the old home, letting it go

To meet new lands – places of wonder, magnificence, and danger

Guided by the first star, the falling leaf, a whisper in the wind,

the call of a distant flower, the ebb of the ocean tide

Action is taken, a commitment to reach a distant goal, and new being, a Rainbow Bridge

The path happens

The animals continue on, surrounded by loneliness

Flowing, choking, draining life

Turning beauty into ugliness, turning joy into sorrow

Fear tears at the spirit – a wrong turn, the unknown, giving up

Yet the vision of Crystal shines brightly, recapturing their hearts

Fatigue drags their feet, but the animals hurry on

In their vision they find strength, they find life echoed in every canyon, in every small delicate leaf

Life

The journey of life

Dreamtime

As the last rays of daylight disappear, the animals find themselves beyond the mountain on a large open desert of sand. A dark mist settles in, obscuring the stars, enveloping the group in an isolated chamber. The animals are tired, and lonely, and can’t help but fall into sleep. As they sleep, they

share a dream about a time when asphalt and concrete smother the senses and the skin of the earth. Huge, tall, gleaming blocks rise where trees once stood, connected together by a maze of corridors. The only creatures left, creatures called humans, live within these blocks and corridors moving so fast they can hardly be seen. Huge machines move things around and create what is needed to survive filling every ear with a loud clatter. The stench of processed air and water replace the gifts of the earth, rain, and sun. Life is running out, the earth on its way to ruin. And behind it all, calling to the heart of the animals is loneliness, growing, in control of the destiny of the planet...

I've seen the changes as man journeys on through time
Forever spreading, destroying this land of mine

Let the forest grow
Let it survive
It's so alive

An earth now barren, so distant it's not my home
Life now forgotten, exists inside a dream unknown

Let the forest grow
Let it survive
It's so alive
Please

I know someday we all will realize our mistake
And all the life we need will drift away in space

There's no tomorrow
Where is my tomorrow?
I want my tomorrow
Will there be a tomorrow?

What Are We Doing

The night continues on, and the dreams become more captivating. There is some pleasure, some comfort in the dreams. The animals find themselves in human clothes with human hearts and experience an opposite life, one overcome by loneliness...

I'm a creature of the mind, I can learn and I can know
(I like to analyze, label, and live in a static model of reality)
I have the power to bring change, to create what does not grow
(I just love those mechanical toys that do whatever I tell them to)
The earth is mine, I have control, I will spread my comfort needs
(I want everything to be the same – just the way I like it)
Driven on, forgotten soul, I rush ignoring nature's schemes
(Nature is so varied and unpredictable – it scares me!)

What are we doing to this land that is our home?
What are we doing to an earth that we don't own?
Machine of future world keeps racing on
Against the wreckage, mother earth just can't hold strong
What are we doing to this land that we once loved?
What are we doing to a future that once was?

I'm a creature who survives by my hunger to consume
(I'm bored and lonely, let's go shopping)
Got to fill an eager mind, even if it leads to doom
(Or maybe I will create something that we don't really need, Oh, what the heck)
Well, I can see when somethings wrong, TV says it's not that far
(The news is so depressing, change the channel to a good sitcom)
well, they can solve the problems then, for now enjoy just where we are
(That's what our politicians are for – to make everything right)

What are we doing to this land that is our home?
What are we doing to an earth that we don't own?
Machine of future world keeps racing on
Against the wreckage, mother earth just can't hold strong
What are we doing to this land that we once loved?
What are we doing to a future that once was?

What are we doing? Oh, what are we doing?

Where Are the Stars

The human dream grows more addictive, two-dimensional, black and white. Robotic pleasures, hurried life, and numbed senses replace the color and sensitivity the animals once new...

Once I had a song, it was so easy to sing
So I brought it along for the joy it would bring
Once I had a star, there were so many around
And it shown like the trees, and that's where peace could be found

I'm searching for a song
What's leading me along
I know there's something wrong
The stars they all are gone
Where are the stars?

Take a look at ourselves and see how far we have come
Progress takes us ahead, but now we live in a slum
We can no longer see or feel the touch of our hands
Lonely creatures in time as we destroy all our land

I'm searching for a song
What's leading me along
I know it can't be far
Where are the stars?
Where are the stars?

I'm searching for a song
What's leading me along
I know there's something wrong
The stars they all are gone
Where are the stars?

...The animals wander, lost in the robotic world of the humans on an earth no longer caressed by the ocean's gentle waves, or no longer lulled by the wind singing in the trees, or no longer guided by the stars shining in the night. In an attempt to return home, Bear begins to dance, a ritual chant of reverence to the earth and the sky and all the cycles of nature. As the spirit energy grows, the human clothes dissolve away, and the animals are free once again connected to life and the great circle where they are all united as one...

Here they come, they go
Where are the stars?
Where are the stars?

Prayer

Crystal, whatever you are, can I feel you again for a moment?
Where is the Rainbow Bridge we try so hard to find?
I wish I could see it now
I want to see a tree, not a skyscraper
I want to smell fresh rain on pine, not exhaust and tar
To hear a river, and wind, and birds, not the roar of machines
To taste fresh clean water and food, not chemical treatment
To touch soil and bark, not concrete and steel

Oh Crystal, whatever you are, wherever you are
Please give me understanding and strength to face my fear and loneliness and greed
before it destroys us all
I have a wish for harmony and peace and balance
Within myself, within us all
Only one wish
Can it come true

..."Where are we?"

"Oh, the loneliness. It is too late."

"Is the earth gone? Maybe there is time. Quick, we must find the Rainbow Bridge. Come on

everybody, let's go! It must be beyond that next ridge of sand. The prophecy did say something about a ridge, didn't it? The rainbow awaits us at the end of the desert. Let's go, there is no time to waste! Bear are you coming? Bear?!"

"No. I stay. I feel one last tree, one last star, one last river. I stay with them – the flower, the singing bird. I am tired of distraction, of having to get somewhere. I just want to be here, to sense this moment. To feel the pulse of the earth."

Chant

Listen to the crystal in the heart of my soul
Rainbow come and lift me to the place I must go
Light
Crystal we are calling you

Crystal you are rising, we are rising in you
Mother earth is living, I stand strong in her truth
Light
Crystal we are calling you
Light
Crystal come, Crystal come!

... And out of the darkness in the center of the animals, there grows a sparkle. Growing brighter and brighter. In the white light that now radiates before them, the animals can see reflections of all there ever was and ever will be – eternity in a moment...

Hey Oh, I see you
I hear you and I touch you
And I taste you and I smell you
And I feel you

Listen to the crystal in the heart of my soul
Rainbow come and lift me to the place I must go
Crystal you are rising, we are rising in you
Mother earth is living, I stand strong in her truth
Light
Crystal we are calling you
Light
Crystal come, Crystal come!

Rainbow Rise

The ball of white light in the center of the circle of animals begins to spin around and around and then shoots up to the heavens like whirlpool threads of silver. The land drops away around the animals until they are left atop a high mountain. In a burst of energy from within, a brilliant rainbow reaches up from the circle. The animals, as Rainbow, are swept upwards from the earth to Crystal...

Rainbow rise, Rainbow rise
Rainbow rise, Rainbow rise

Give Your Gifts

The animals find themselves back in the sacred clearing where they first met, only now there is a colorful glow surrounding each of them. Each individual glow is connected together in the center of the clearing, and there, I, the earth, the crystal sun am alive and again with a voice. Made one by the Rainbow Bridge – the spirit in each of you...

Oh, welcome back home my friends
You've experienced your human side, you felt the loneliness
And from this you've come back home again

From deep in the loneliness, from a world out of balance
You have risen, took time to listen
The truth is within you, the balance restored
Animal, human, and nature are one once more

Bring me your darkness
Bring me your loneliness
Bring me your sadness
I give you my love

When the humans join you through the Rainbow Bridge becoming whole again
They will feel a connection to all things
And will no longer be able to live separated from and at war with the earth

You are the key, living in harmony, weaving the web of life
Examples to our human friends of the gifts, nature's cycles we need to survive
Alive!

You each have your special gift that you gave to each other
Eagle with vision
And Squirrel with persistence
And Bear with calm centeredness
Turtle so wise
Give your gifts to us all
Open our eyes!

Bring me your darkness
Bring me your loneliness
Bring me your sadness
I give you my love

Bring me your darkness
Bring me your loneliness
Bring me your sadness
I give you my love

Give your gifts with my love
Bring us together as one
As one

Let It Show

The animals remember the destruction to their homes and how complicated and frightening life can be and ask how they can keep the rainbow energy strong. And I reply, believe in yourself and take the time to listen. Keep your feet firmly in the soil and reach to the sky. You will see starlight, sprinkles of delicate dew drops falling all around you. And in their sparkle, Rainbow, thrown throughout the sky. A messenger of love, forgiveness, and understanding. Open wide, and let that fill your hearts...

Someday, loneliness can't last forever
Someway, softly love will sound
In time peace will try to call you
You'll find love is going to light the way
Inside open wide your heart and soul
to let it grow
Today

The day will find you, the joy of life will remind you
How this world is just a dream that unfolds
So bring the sun down, light of life sparkle all around
Within ourselves the power will grow

I see in a stream that keeps flowing
The sound, singing birds sing high
Who'd hide if the sun was in them
Who'd cry if their dream had just begun
Let's sing and dance for all the love we share
It's always there
Today

The day will find you, the joy of life will remind you
How this world is just a dream that unfolds
So bring the sun down, light of life sparkle all around
Within ourselves the power will grow

Close eyes, and feel a tingle from your toes
Breath, sigh until that tingle starts to grow
Release all the magic you can give
To help us live
Today!

The day will find you, the joy of life will remind you
How this world is just a dream that unfolds
So bring the sun down, light of life sparkle all around
Within ourselves the power will grow
Let it show
Oh the power will grow
Let it show
Let it show

You Have to Believe

With these final words, I am again the sun and the earth. Leaving the animals in the reality of the clearing. They return to their homes, strong with an inner glow that never dies. And each day as the seasons pass, they do their best to touch the hearts of the humans with this glow. Inviting humans back to nature with the colorful rainbow, so that once again all things can live in balance and joy. The rest is up to us – our human side.

I see Eagle once again soaring in the sky. I hear his call of happiness, touching wingtips to his friend, his colorful spirit...

Each day is a sparkle of magic and light streaming down from the sun
It gives us the soft warmth to live
It fills us with the deep strength to give
All creatures and flowers, the birds and the trees are our partners, we share
They give us such beauty and dreams
They give us our meaning, our chance to care

Hey, we can save the trees
Hey, we can save the seas
Hey, we can save the mountain streams
Hey, we can breathe clean air
Hey, we can show we care
Hey, we keep Mother Nature free
You just have to believe

The air that we breathe is the fountain of life, fills our heart and our soul
It connects us to all living things
It fills us with the joy nature brings
The water we drink is the circle of life, cleans our spirit rainbow

It comes down in rivers and rain
It sweeps through the ground, through the drain

I feel Earth returning, don't slip away
I feel Sky returning, don't slip away
I feel Water returning, don't slip away
I feel life returning, don't slip away

The ocean waves swell our emotions inside, put the power within
A touch rich in life, feel its pull
The giver of all that we know
The stone is the earth is the ground for our roots, sits majestic and proud
Our mother who cradles with love
The mountains all sing, precious soil we come from

Hey, we can save the trees
Hey, we can save the seas
Hey, we can save the mountain streams
Hey, we can breathe clean air
Hey, we can show we care
Hey, we can sparkle with morning's dew
It's up to you
You just have to believe
You just have to believe

New Songs

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Aeon Flux

In dark she walks down the street
Kissing the one she meets
Getting the vision within her mind
Though perfect her life may seem
There's somewhere else in time she's been
This is a mission to make them blind

She's trained for this all her days
An assassin with stealthy ways
She can get in and not be seen
He stands there she holds the gun
Thinking her work is done
But she cannot fire, she is one with him

He cloned them all to survive
Keeping the race alive
Now he's found a way to set them free
Oh, Aeon has seen the light
It's the others they need to fight
Those who do not want to see things change

Now that she understands
The future is in her hands
She will destroy the life machine
Now that nature can take its course
Reproducing a natural source
Evolve out within the wild and green

Viktoria's Smile

Although the sun was shining
On a cold December day
My heart inside was crying
'Cause love had slipped away

Sorry day
Gone away

Then I saw you on the corner
You were walking from the light
Lifted on the wings of laughter
And everything felt right
Your eyes are bright
So full of life

The heart will empty out when love is gone
But leaves a space for another love to grow
You walked into my long and brought a song
A magic seed for a melody that flows
Watch it grow, watch it grow

As I walk around the city
Finding joy in every mile
How an angel oh so pretty
Has filled me with her smile
Viktoria's smile, every mile
It's Viktoria's smile

Just a Comet

There's a path that takes me through the star field of a memory
There's a path that takes me nowhere
Bitter nights in darkness, shedding tears and feeling lonely
Want to cry, but now I don't care

There was a time I loved you, times we laughed and hugged each other
You held the magic pill, I swallowed
Showed me how the puzzle pieces lined and fit together
You were the star I always followed

I am lost
I survive
It is through my will that I regain my innate power
I am alive

The past keeps haunting me
I reach, I try
I lost what seemed to mean so much to me
Up towards the sky

I don't know who I am
But I am like a flower
Opening in the sunlight

Let the clouds fill the sky
Let the April showers
Nourish me till I shine bright

I don't know who I am
But I am like a river
Sparkling path in the moonlight

Let the rain fill my banks
Water to deliver
Flowing down

There's a path that took you out beyond the furthest star light
I could not reach, I could not see you
It all changed when you were taken by some wicked fear night
Is there love or just a black view

I am lost
I survive
Your star was just a comet shooting by now breaking pieces
To me you died

You were a part of me
I reach, I try
That part is gone, there's nothing left for me here
Up towards the sky

I don't know who I am
But I am like a flower
Opening in the sunlight

Let the clouds fill the sky
Let the April showers
Nourish me till I shine bright

I don't know who I am
But I am like a river
Sparkling path in the moonlight

Let the rain fill my banks
Water to deliver
Then I know I am alright

I don't know who I am
But I am like a river
Sparkling path in the moonlight

Let the rain fill my banks
Water to deliver
Flowing down

There's a path that takes me through the star field of a memory
There's a path that takes me nowhere

A Better Day

There's a lady who stands tall before the world
Though inside she feels brought to her knees
She has grace and she's tough
Giving her message is rough
Admitting defeat
Yet stays on her feet
She says
We can still build a better day

Oh I know that the night is long
And I hope we can keep the dream
Oh I feel the new day will come
To create all that we have seen
In our dream

There's a man who has bullied most of the world
Now he stands poised to rule us all
Dangerously ill-prepared
Sorrow hangs in the air
Can this be real?
We're worried and scared
We cry
There must be a better day

Oh I know it's a long way down
We may fall before we can fly
Oh I feel all our lives rebound
We will rise because we try
To fly

There are times in every life, when we feel hopeless
There are times in every life, when we will wander

Yet through the despair
We show that we care
We do our best to find the way
To a better day

There's a lady who knows some are left behind
And she has shown that she truly cares
We are stronger together
With love we are tethered
Her vision is clear
Fight on without fear
She says
We will build a better day

Oh I know that the night is long
And I hope we can keep the dream
Oh I feel the new day will come
To create all that we have seen

Oh I know it's a long way down
We may fall before we can fly
Oh I feel all our lives rebound
We will rise because we try

Oh I know that the night is long
But I know we will keep the dream
Oh I feel the new day will come
To create all that we have seen

To create all that we have seen
In our dream

Appendix – Life Principles

	Principle	Related Songs
1.	Think of your life purpose as a journey you create for yourself. Experience this journey as fully as possible. Be ready to embrace new paradigms and expand your awareness. Explore the Great Mystery.	Great Mystery Hollow Flute Bring the Candle Back Dance of Life Things Can Always Change
2.	Your greatest gift is your imagination. Use your imagination to expand and shape your reality and feed your soul. Seek out adventure to keep your spirit awake.	Dreams What Does It Mean Finding Your Way
3.	Cultivate a sense of wonder and a curiosity to explore. This will inspire, motivate, and excite you.	Now Friends
4.	Notice and appreciate beauty as often as possible. It is all around you. Experiencing something beautiful is a sure way to open your heart.	Easy to Love You Love In Your Eyes Lady Blue
5.	Be grateful and thankful for your blessings and opportunities, however small they may seem. This will help affirm a positive attitude.	Grateful Keep You Near Om Mani Padme Hum
6.	Be aware of and strive to overcome (calm) your fears. When we let go of fear, the heart opens to love.	If You Want to Be I Should Love You Love Pour Through Back to Your Heart Street Lights
7.	Find laughter, humor, and joy along with compassion and forgiveness wherever you can. It makes the journey better.	Dear God Heron and Seal Dance in the Garden
8.	Amidst the daily pattern of survival, let some part of you remain connected to whatever it is that makes you feel most alive. Nurture this connection and give it time and importance in your life.	Another Easy Day A-A-A-O Beleive in Yourself

9.	A romantic, intimate relationship is a place to share our deepest love, to be at home, to be vulnerable, supported, and nurtured, to experience the oneness beyond the ego. It does not automatically fit into the other areas of our lives; it requires its own special intention. We need to find the common ground and grow it in a creative, playful, magical way.	Understanding Seaside Harmony Talk to You of Dreams Whenever I'm Lonely
10.	The reflection of yourself you see in the mirror of intimate relationships provides a wonderful opportunity for healing and growth; to recognize and move past your inner barriers to a full, loving, satisfying life.	We Need Love to Live On If I Asked You
11.	Intimate, committed relationships are challenging by their very nature, for through them we strive to do nothing less than reconcile and balance the seeming polarities in our lives; the paradoxes of desiring both dependence and independence, freedom and security, spontaneity and commitment.	Dream With Me Hurting Me Words
12.	The question is not if you will leave the relationship — for you will at some time or another. The question is "Do you come back?"	Ever Be Right Now You're Gone Heart Beat Really See You
13.	Remember to spend time in nature, for it is out among the trees, or climbing a mountain, or listening to the ocean, or gazing into the expanse of a desert where we reconnect to our ancestral roots, our place on the earth, and the wellspring for our soul. There we can hear the whispers of our truth.	Running Secret Garden Nature Brings There's A Place Welcome (kids) Sing a Song (kids)
14.	When out in nature, be present, use all of your senses, feel, establish a relationship, a connection to the life around you. Allow yourself to blend, to feel at one with nature. This is where your spirit lives.	All That Matters Winter Blossoms Touch Me Take Me I Am Nature (kids) Dance Along (kids)

15.	We need to treat all creatures that share the earth with respect and consideration. Let them have a voice when we make decisions that affect their lives. We are stewards on this planet, working to sustain the highest quality of life for all living things, including our future generations.	Come to Me Bear's Eyes Snow Leopards Clear Cut At the Zoo (kids) Gotcha (kids) Somewhere in the Rain Pelican
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